

Child Protection Policy

1.0 Introduction

Ensuring the wellbeing and safety of children, including prevention of child abuse or maltreatment, is a paramount goal of ALTERA VITA. This policy provides guidance about how to identify and respond to concerns about the wellbeing of a child, including possible abuse or neglect.

- 1.1 The process for responding to a concern about a child is attached as Appendix B.
- 1.2 The interests of the child will be the paramount consideration when any action is taken in response to suspected abuse or neglect. This organisation commits to support the statutory agencies (Ministry Justice and the National Child Guarantee Coordinator-E.K.K.A.) and the Greek Police (the Police) to investigate abuse and will report suspected cases and concerns to these agencies as per the process in this policy.
- 1.3 The Child Protection Advisor (CPA) Mr. Miltos Sakellariou, MSc Counseling Psychology, Family Therapist and President of our Organisation will be responsible for carrying out the responsibilities outlined in this policy. Staff will not assume responsibility beyond the level of their experience and training. Our organisation commits to ensuring staff have access to the information and training they need.
- 1.4 This policy was authored by the Board of Directors of ALTERA VITA on 8 January 2024. The Board of Directors of ALTERA VITA is responsible for the maintenance and three yearly review of this policy. A digital copy can be found on our website at https://alteravita.eu. The policy is due to be updated on 8 January 2027. It is consistent with Ministry for Children and Police guidelines and will be updated when new guidance is issued.

2.0 Purpose, Scope and Principles

Our child protection policy supports our staff to respond appropriately to potential child protection concerns, including suspected abuse or neglect. It is our organisation's commitment to protect children from abuse and to recognise the important roles all our staff have in protecting children.

- 2.1 This policy provides a framework and expectations to protect children, including (but not limited to) staff behaviours in response to actual or suspected child abuse and neglect. It applies to all the ALTERA VITA, staff, including volunteers and part-time or temporary roles and contractors.
- 2.2 In addition to guiding staff to make referrals of suspected child abuse and neglect to the statutory agencies i.e., Ministry for Children and the Police



- this policy will also help our staff identify and respond to the needs of the many vulnerable children whose wellbeing is of concern.
- 2.4 We also commit to exploring opportunities to work with other providers, including from other sectors, to develop a network of child protection practice in our community.

3.0 Definition of Child Abuse

The Children's and Young People's Well-being Act 1992 defines child abuse as '...the harming (whether physically, emotionally, sexually) ill-treatment, abuse, neglect or deprivation of any child or young person".

- 3.1 **Physical abuse** is any act that may result in physical harm of a child or young person. It can be but is not limited to: bruising, cutting, hitting, beating, biting, burning, causing abrasions, strangulation, suffocation, drowning, poisoning and fabricated or induced illness.
- 3.2 *Emotional abuse* is the persistent emotional ill-treatment of a child such as to cause severe and persistent adverse effect on the child's emotional development. This can include a pattern of rejecting, degrading, ignoring, isolating, corrupting, exploiting or terrorising. It may also include age or developmentally inappropriate expectations being imposed on children. It also includes the seeing or hearing the ill-treatment of others.
- 3.3 **Sexual abuse** involves forcing or enticing a child or young person to take part in sexual activities as well as non-contact acts such as involving children in the looking at or production of sexual images, sexual activities and sexual behaviours.
- 3.4 **Neglect** is the persistent failure to meet a child's basic physical and/or psychological needs, causing long term serious harm to the child's health or development. If may also include neglect of a child's basic or emotional needs.

4.0 Roles and Responsibilities of Staff

- 4.1 It is the responsibility of staff to be vigilant, have knowledge and awareness of the indicators of neglect, potential or actual abuse and to report any concerns, suspicions or allegations of suspected abuse immediately and ensure that the concern is taken seriously and reported.
- 4.2 ALTERA VITA will have an appointed a Child Protection Advisor. This function will be held by:

CPA - Miltos Sakellariou, Psychologist

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5.0 Child Protection Procedures

- 5.1 All concerns of potential, suspected or alleged abuse must be brought to the attention of the ALTERAVITA's Child Protection Advisor.
- 5.2 If a child/young person makes a verbal disclosure to a member of staff it is important that staff take what the member says seriously.
- 5.3 Staff are to listen carefully to what the member is saying and are not to interview them or ask too many questions, ask the very basics i.e. Who/When/Where?
- 5.4 Once the basics have been ascertained, no further questions are to be asked. What the member has said is to be documented, this should include time, date and who was present. This information will be passed onto authorities as soon as possible.
- 5.5 Advise Ministry of Justice or Police promptly when a disclosure is made.
- 5.6 Deciding when and who will inform the parent(s) and/or caregiver will be determined by Ministry of Justice and Police in consultation with the ALTERAVITA's Child Protection Advisor.

6.0 Training

6.1 All staff will receive child protection training at the appropriate level for their role.

7.0 Confidentiality and Information Sharing

- 7.1 We will seek advice from Ministry of Justice and/or the Police before identifying information about an allegation is shared with anyone, other than the service manager or designated person. Staff should be aware that:
- 7.2 Under the Law 3500 2006, for the domestic Violence / Children's and Young People's Well-being Act any person who believes that a child has been or is likely to be, harmed physically, emotionally or sexually or ill-treated, abused, neglected or deprived may report the matter to Ministry of Justice or the Police and provided the report is made in good faith, no civil, criminal or disciplinary proceedings may be brought against them.
- 7.3 The National Centre for Social Solidarity (NCSS), within the framework of its responsibilities, offers to children and teenagers that are neglected and/or abused, psychological support and counselling via its specialized helpline. Through the N Child Protection Policy National Child Protection Helpline «1107»*, that operates on a 24/7 basis, children who are victims of abuse or any form of violence, can speak with a Social Worker or Psychologist, by calling the 4-digit number «1107», in order to receive counselling and psychosocial support.



- In a case of a formal or anonymous report/complaint for neglect and/or abuse of a child to the National Child Protection Helpline «1107», the competent Public Prosecutor and/or any other service needed (e.g., Social Service, Police etc.) is formally notified immediately, for the handling of this important issue and the most effective way to protect the minor victim that is in danger.
- * The National Children Protection Helpline «1107»is free, for the callers using VODAFONE, NOVA, WIND and OTE (landlines). The mobile phone calls through the COSMOTE network are charged with 0,18€ per minute (this price includes VAT 24% and the landline users 5% tax).
- 7.4 When collecting personal information about individuals, it is important to be aware of the requirements of the privacy principles i.e., the need to collect the information directly from the individual concerned and when doing so to be transparent about: the purposes for collecting the information and how it will be used; who can see the information; where it is held; what is compulsory/voluntary information; and that people have a right to request access to and correction of their information.
- 7.5 Staff may, however, disclose information under the Privacy Act/Health Information Privacy Code where there is good reason to do so such as where there is a serious risk to individual health and safety. Disclosure about ill-treatment or neglect of a child/young person may also be made to the Police or Ministry of Justice under the Law 3500 2006, for the domestic Violence / Children's and Young People's Well-being Act.

8.0 Child Safe Practice Guidelines

- 8.1 If any form of physical contact is required ask the person's permission, explain what you are doing and why to both the child and their parents/caregivers.
- 8.2 Where possible ask parents/caregivers to be responsible for children or young people in changing rooms. Always ensure that whoever supervises does so in pairs.
- 8.3 Where there are mixed teams away overnight, teams should always be accompanied by an adult male and female coach or helper.
- 8.4 If it's necessary to do things of a personal nature for a child, make sure you have another adult accompanying you. Get the consent of the parent/caregiver and if possible, the child. Let them know what you are doing and why.
- 8.5 Avoid situations where you are alone with a child. While acknowledging that occasionally there may be no alternative, for example, where a child falls



- ill and has to be taken home. However, one-to-one contact must never be allowed to occur on a regular basis.
- 8.6 Don't allow physically rough or sexually provocative games, or inappropriate talking or touching.
- 8.7 Ensure that any claims of abuse by a child are taken seriously and that the guide to report suspected or actual abuse included in this policy as an appendix is followed.
- 8.8 Ensure that the nature and intensity of training and competition does not exceed the capacity of a child's immature growing body and ability.
- 8.9 Ensure that use of photographic images and video are aligned to relevant privacy policies.
- 8.10 That the all people responsible for children and young people at any given time should always remain in an alcohol-free state that they can react appropriately to any situation that might arise.

9.0 Allegations made against members of Staff

- 9.1 Allegations, suspicions or complaints of abuse against staff, volunteers or representatives of other agencies must be taken seriously and reported to the PU Child Protection Advisor who will deal with them immediately, sensitively and expediently within the procedures outlined in this Section.
- 9.2 It is not the responsibility of the staff to investigate allegations of child abuse.
- 9.3 If the Police decide to undertake a criminal investigation then the member of staff may be suspended, without prejudice, as a precautionary measure. It is important that no internal investigation is undertaken and no evidence gathered that might prejudice the criminal investigation.

Ratified by ALTERA VITA'S -Board of Directors

Signed: President - Miltos Sakellariou

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APPENDIX A: Definitions

Child - any child or young person aged under 17 years and who is not married or in a civil union. Child protection - activities carried out to ensure that children are safe in cases where there is suspected abuse or neglect or are at risk of abuse or neglect.

Designated person for child protection - the manager/supervisor or designated person responsible for providing advice and support to staff where they have a concern about an individual child or who want advice about child protection policy.

Disclosure - information given to a staff member by a child, parent or caregiver or a third party in relation to abuse or neglect.

Ministry of Justice and especially with the regional Committee for the protection of Minors- the agency responsible for investigating and responding to suspected abuse and neglect and for providing care and protection to children found to be in need.

Greek Police - the agency responsible for responding to situations where a child is in immediate danger and for working with Ministry of Justice and especially with the regional Committee for the protection of Minors in child protection work and investigating cases of abuse or neglect where an offence may have occurred.



APPENDIX B: Steps for reporting suspected or actual child abuse

CHILD ABUSE IS EITHER SUSPECTED OR DISCLOSED

• Ensure the child or young person is safe from immediate harm.

LISTEN

- **Listen carefully** to what the child is saying **DO NOT** interview the child or ask too many questions, ask the very basics i.e. Who/when?
- Once you have ascertained the basics **DO NOT** question them further. Document what the child as said, include time, date and who was present so you can pass this information to authorities as soon as possible.
- Report your concern to the PU Child Protection Advisor.

HOW TO REPORT YOUR CONCERN

- If you ever think a person is in immediate danger, call the Police 100.
- Advise Ministry of Justice or **Police** promptly when a disclosure is made.

POLICE

- The Ministry of Justice and Police have a dedicated team of investigators who focus on Child Protection in all 13 Districts of Greece.
- Deciding when and who will inform the parent(s) and/or caregiver will be determined by the Local Committee for the Protection of Minors - Ministry of Justice and Police in consultation with the ALTERA VITA Child Protection Advisor. Report early so there is time to consider what's best for the child.
- Police and Committee for the Protection of Minors -Ministry of Justice will arrange interviews of the children.
- DO NOT conduct an investigation of your own before making a report of concern.